



## Staff in institutions - Session 5

### Self evaluation questions

1. When children develop an avoidant attachment pattern, they try to:
  - a. behave as adults with their peers
  - b. be their own parents
  - c. look more childish than they really are with their caregivers
  - d. look more childish than they really are with their peers
  
2. Attachment patterns reflect:
  - a. the relationship with the first caregivers
  - b. the child's personality
  - c. the child's attitude towards peers
  - d. the personality inherited by the child from his/her parents
  
3. An avoidant attachment pattern might develop when:
  - a. the caregiver show too much affection to the child
  - b. the caregiver is too easily accessible
  - c. both
  - d. none
  
4. If children experience many early changes in caregivers, they are likely to experience:
  - a. a healthy attachment behaviour
  - b. insecure or adverse attachment behaviour
  - c. a healthy attachment behaviour towards objects and activities, only
  - d. a healthy attachment behaviour towards adults who are not their caregivers
  
5. Children with avoidant behaviour learn to suppress their need for care from caregivers by:
  - a. attaching to peers
  - b. excessively attaching to one caregivers
  - c. excessively attaching to objects and activities
  - d. all of the above