



## Staff in institutions - Session 6

### Self evaluation questions

1. If children were separated by their parents in a sudden and traumatic way they are likely to experience:
  - a. detachment and indifference towards caregivers, because they do not trust them anymore
  - b. a balanced attachment pattern towards any caregivers, just because they value the presence of a caregiver
  - c. a hyperactive attachment system, with an excessive fear of separation
  - d. none of the above
  
2. Children tend to leave the attachment pattern they started with their biological parent and adapt to the new caregivers' ones if they are:
  - a. younger than three
  - b. older than three
  - c. older than 21 months
  - d. younger than 21 months
  
3. If children stop crying and protesting when they do not receive care and attention:
  - a. it means they are healing and relaxing
  - b. it means that their attachment system stopped and they surrendered to a state of depression and withdrawal
  - c. it is hard to tell what it means, it depends on the child
  - d. it means they do not like the caregiver, and they are happy not to receive attentions from him/her
  
4. Activities that can help children overcome a loss are:
  - a. encouraging physical contact
  - b. being expressive and emotional
  - c. making sure that a child is taken care by the same caregiver (as much as possible)
  - d. all of the above
  
5. Helping children to overcome a loss means:
  - a. helping them becoming able to have no reaction when the caregiver leaves
  - b. helping them becoming able to be happy when the caregiver leaves
  - c. making sure they panic and cry when the caregiver leaves
  - d. helping them avoiding excessive reactions when the caregiver leaves